

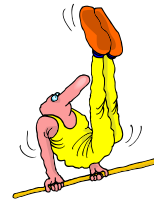
I am secure at early level because I can ....

- move on, off, over and along apparatus and travel on foot in different ways

- balance on one or more body parts

- move in different

- copy simple



- roll with my body in a long or round shape

- travel and jump safely in different ways

- throw and catch using a variety of different objects

- work on my own and find my own space

- take turns (with help)



- use different objects safely

- aim at a target

- move all or part of

recognise some changes in my body



name and stretch the basic parts of my body

lift parts of my body off the ground

- use over arm and under arm throws

- skip, gallop, side step, hop, run and jump safely in different ways

- throw using a variety of different objects



- find different ways to travel safely in my space

I have had the opportunity to **Make, Say Write & Do**



I can **Discuss, Present, Investigate & Explore**

## Physical Education : Early Level